

Ezra's Invisible Backpack

ADVANCED DISCUSSION QUESTIONS

The questions in the book are appropriate for all ages, but geared towards elementary school, and address the basic concept of the invisible backpack. These questions go a bit more in-depth and can be used by teachers, counselors, parents, and older students. They are meant to start a discussion about not only the invisible backpack, but topics of emotional awareness, empathy, and mental well-being.

1. How can you strengthen your mind and body when dealing with a lot of bricks? Why is this important?
2. Could helping someone lighten their load in their backpack add to your own backpack? How can you separate their bricks from your own? Has there been a time when this happened with you?
3. Can the same brick (such as having parents who are divorced) weigh different amounts for different people? What's an example of a brick you have in common with someone else? Does it feel the same for you and that person?
4. What are things people carry in their backpacks that we may not realize?
5. Why is it important to consider how heavy someone else's backpack might be?
6. Has your identity ever been a brick? How can gender, race, sexuality, and religion become bricks?
7. Have you ever been embarrassed or felt ashamed by a brick in your backpack?

